

*And then I became an unconditional lover of life, and everything immediately started flowing to me. The unconditional part truly meant the love of every ounce of every thing. If it rains, I don't wish for the sun. I thank the drops coming down around me for nourishing the earth and replenishing all. If it's a sunny day, I try not to get into how hot I feel — and that one is a hard one for me...I don't like it too hot. I really try to just be thankful for the sun because I may not see it on dark days. I'm grateful for the dark days, too, for I wouldn't appreciate the light as much! I was able to realize how easy it was to go down an avenue where everything seems dim. When life had put boulders on me, it was all super heavy and it was easy, simple to go to the dark. Now, I know how easy it is to put it all in the other light direction. The joy I finally felt in my soul was amazing.*